

# Stone Counseling & Consulting Services, LLC

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## ADDITIONAL RESOURCES

This informational list includes some national and local resources/providers, in no particular order. Stone Counseling & Consulting Services, LLC does not necessarily recommend, refer to, nor endorse any of the listed providers, facilities, or other resources listed herein, and assumes no responsibility for the care or services delivered by these providers. It is always recommended that you first consult with your insurance provider, if applicable, for information pertaining to coverage and rates. You are responsible for ensuring the accuracy of information included in this document, as well as interviewing and selecting a provider/facility/clinician based on your needs; therefore, you should contact providers directly for relevant information such as information on fees, payment methods, hours of availability, insurance coverage, treatment modality, etc.

### Table of Contents

<b>Emergency Support (incl. hotlines)</b> .....	2
<b>Alternative Medicine</b> .....	3
<b>Anger Management</b> .....	3
<b>Baker Act Receiving Facilities</b> .....	4
<b>Child and Vulnerable Adult Abuse Reporting &amp; Support</b> .....	4
<b>Clothing Assistance</b> .....	5
<b>Disaster Preparation &amp; Recovery Resources</b> .....	5
<b>Disordered Eating Therapists</b> .....	7
<b>Disordered Eating Outpatient/Inpatient/Residential Facilities</b> .....	7
<b>Domestic/Intimate Partner Violence</b> .....	7
<b>Domestic/Intimate Partner Violence Shelters</b> .....	8
<b>Equine Assisted Therapy</b> .....	8
<b>Financial Assistance</b> .....	9
<b>First Responders</b> .....	9
<b>Food Assistance</b> .....	10
<b>Healthcare Services</b> .....	11
<b>Human Trafficking</b> .....	11
<b>Hypnotherapy</b> .....	11
<b>LGBTQ+</b> .....	12
<b>Maternal Mental Health</b> .....	12
<b>Mental Health Inpatient Facilities</b> .....	12
<b>Nutritionists/Dietitians</b> .....	13
<b>Psychiatrists</b> .....	14
<b>Psychologists (Forensic or Testing)</b> .....	15
<b>School Supply Assistance</b> .....	15
<b>Self-Injury</b> .....	16
<b>Sexual Assault Support &amp; Victim Advocacy</b> .....	16
<b>Substance Abuse Support/Outpatient/Inpatient/Residential Facilities</b> .....	16
<b>Veterans' Services</b> .....	17

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## Emergency Support (incl. hotlines)

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**Life-threatening or mental health emergency:** Call 9-1-1 or go to your nearest hospital emergency room.

### **Mobile Crisis Unit Services**

24/7/365 crisis support unit that responds to your location with trained therapists within 60 minutes for crisis stabilization

- Call 211, Press 1 for the crisis help line, then press 1 for English or 2 for Spanish, and press 3 if you or a loved one are experiencing a mental health crisis
- Text: Text your zip code and “requesting mobile crisis” to 898-211 (cell/message/data rates apply)

### **Seminole, Orange, and Osceola Counties**

#### **2-1-1/Heart of Florida United Way, Inc.**

24/7 Information and support helpline, including crisis and suicide intervention services. Access information about: Local Food Banks and Nutrition Programs; Emergency Housing Assistance; Disaster Relief; Employment and Education Opportunities; Veteran Services; Parent Resources; Health Care Information; Support and Crisis Assistance for Mental Disorders.

Call 211 | [www.hfuw.org](http://www.hfuw.org)

Online Community Resource Directory: [www.navigateresources.net/211CommunityResources/](http://www.navigateresources.net/211CommunityResources/)

### **National**

#### **National Suicide Prevention Lifeline**

988 or 1-800-273-TALK (8255) / TTY 1-800-799-4889 / Español 1-888-628-9454  
<https://988lifeline.org/>

#### **Crisis Text Line**

Text HOME to 741741 (cell and data rates may apply) | [www.crisistextline.org](http://www.crisistextline.org)

#### **NAMI Helpline**

1-800-950-6264 | Crisis Text: Text NAMI to 741741 (cell and data rates may apply)

#### **National Eating Disorders Association Helpline**

(Support and referrals Mon.-Thur. 9 a.m. to 9 p.m.; Fri 9 a.m. to 5 p.m. EST)

1-800-931-2237 | [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

Crisis Text: Text NEDA to 741741 | Online Chat: [Click-to-Chat](#)

#### **National Hopeline Network**

1-800-422-HOPE (4673) / TTY 1-800-799-4889 | [www.hopeline.com](http://www.hopeline.com)

#### **National Maternal Mental Health Hotline**

24/7, free, confidential support, resources, and referrals to any pregnant and postpartum families facing mental health challenges

Call or Text 1-833-9-HELP4MOMS (1-833-943-5746) | [HRSA Maternal & Child Mental Health](#)

***See also: Specific categories below for special hotlines or services***

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## Alternative Medicine

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### Seminole County

#### **Central Florida Preventative Medicine**

Kathy Veon, DOM, AP  
1540 International Parkway #2000, Lake Mary, FL 32746  
407-328-6711 | [www.cfpreventivemedicine.com](http://www.cfpreventivemedicine.com)

#### **Healing Alternatives: An Integrative Wellness Center**

125 W. Pineview Street, Suite 1009, Altamonte Springs, FL 32714  
407-682-7111 | [www.healingalternativesinc.com](http://www.healingalternativesinc.com)

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## Anger Management

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### Seminole County

#### **Total Life Counseling**

Location varies  
407-248-0030 | <https://www.totallifecounseling.com/>

### Orange County

#### **Life Counseling Solutions**

670 N. Orlando Avenue, Suite 103, Maitland, FL 32751  
407-622-1770 | [www.lifecounselingsolutions.com](http://www.lifecounselingsolutions.com)

#### **Total Life Counseling**

Location varies  
407-248-0030 | <https://www.totallifecounseling.com/>

### Volusia County

#### **A.C.E. (Anger Conflict Education)**

Michael Dioter  
702 S. Ridgewood Avenue, Daytona Beach, FL 32114  
*Or*  
105 Calvin Street, DeLand, FL 32720  
386-295-3359

#### **New Horizons Counseling Associates D.V.I.**

Mark Harter, Ph.D.  
4550 South Clyde Morris Boulevard, Port Orange, FL 32129  
386-760-1501

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## Baker Act Receiving Facilities

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### **Orange County**

#### **Central Florida Behavioral Hospital**

6601 Central Florida Parkway, Orlando, FL 32821  
(407) 370-0111 | <https://centralfloridabehavioral.com/>

#### **University Behavioral Center**

2500 Discovery Dr, Orlando, FL 32836  
(407) 287-6802 | <https://universitybehavioral.com/>

### **Seminole County**

#### **Orlando Health - South Seminole Behavioral Hospital**

555 W SR 434, Longwood, FL 32750  
(407) 767-5800 | <https://www.orlandohealth.com/physician-practices/orlando-health-behavioral-group>

### **Volusia County**

#### **Halifax Health Medical Center**

(Baker Act & Adult Services) 303 Clyde Morris Blvd, Daytona Beach, FL | (386) 425-4000  
(Child & Adolescent Services) 841 Jimmy Ann Drive, Daytona Beach, FL | (386) 425-3900

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## Child and Vulnerable Adult Abuse Reporting & Support

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### **Florida**

#### **Florida Department of Children and Families**

1-800-ABUSE/ TTY 1-800-453-5145 | [www.myflfamilies.com/service-programs/abuse-hotline](http://www.myflfamilies.com/service-programs/abuse-hotline)

To make a report you can:

- Report online at [www.reportabuse.dcf.state.fl.us](http://www.reportabuse.dcf.state.fl.us)
- Call 1-800-962-2873, Florida Relay 711 or TTY 1-800-453-5145
- Fax your report to 1-800-914-0004
- If you suspect or know of a child or vulnerable adult in immediate danger, call 911.

### **Seminole County**

#### **Child Protection Team**

(Provides medical exams and assessments on children where alleged abuse has occurred.)

5467 North CR427, Sanford, FL 32773

407-324-3036 | [www.kidshouse.org](http://www.kidshouse.org)

#### **Kids House of Seminole**

5467 Ronald Reagan Boulevard, Sanford, FL 32773

407-324-3026 | [www.kidshouse.org](http://www.kidshouse.org)

## **Seminole, Orange, and Osceola Counties**

### **2-1-1/Heart of Florida United Way, Inc.**

Information and referral supportive helpline, including crisis and suicide intervention services  
211 | [www.hfuw.org](http://www.hfuw.org)

### **The Howard Phillips Center for Children and Families: Children's Advocacy Center & Child Protection Team**

601 W. Michigan Street, Orlando, FL 32805

Or

110 W. Neptune Road, Kissimmee, FL 34741

407-317-7430 | [www.caccentral.com](http://www.caccentral.com)

***See also: Domestic/Intimate Partner Violence Shelters***

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## **Clothing Assistance**

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### **Seminole County\***

#### **Harvest Time International**

225 Harvest Time Drive Sanford, FL 32771

407-878-5531 | <https://www.harvesttime.org/assistance.html>

#### **The Sharing Center**

600 North Highway 17-92, Suite 130, Longwood, FL 32750

407-260-9155 | <http://thesharingcenter.org/>

*\*Also call 211 for other programs which may be able to provide clothing assistance.*

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## **Disaster Preparation & Recovery Resources**

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### **General Preparation and Recovery**

#### **American Red Cross Preparation and Recovery**

<https://www.redcross.org/get-help.html>

Find your local chapter: <https://www.redcross.org/find-your-local-chapter.html>

#### **Florida Division of Emergency Management Disaster Preparation**

Plan and Prepare: <https://www.floridadisaster.org/planprepare/>

#### **Government Preparation Information and Resources**

<https://www.ready.gov/>

### **Disaster Mental Health Resources**

#### **Florida Department of Children and Families Family Resource Center**

833-GET-HOPE (438-4673) | <https://www.myflfamilies.com/family-resource-support-center>

#### **SAMSHA Disaster Distress Hotline**

Call or Text 1-800-985-5990 | <https://www.samhsa.gov/find-help/disaster-distress-helpline>

## **FEMA**

### **Relief Assistance**

Register with [www.disasterassistance.gov](http://www.disasterassistance.gov) or by calling 800-621-3362 or TTY 800-462-7585.

### **FEMA Current Disaster Response Info**

<https://www.fema.gov/disaster/current>

### **FEMA Disaster Recovery Center Locator**

<https://egateway.fema.gov/ESF6/DRCLocator>

Text **DRC** and a **ZIP Code** to **4FEMA (43362)**. (Example: *DRC 01234*.) Using this option doesn't add you to any messaging service. It's just like doing a search on the Web. (Standard text rates may apply.)

### **FEMA Helpline**

1-800-621-FEMA (1-800-621-3362) | <https://www.fema.gov/about/contact>

### **Food Assistance**

*See Food Assistance section*

### **Shelter Assistance**

#### **FEMA Transitional Shelter Assistance**

<https://www.fema.gov/assistance/individual/disaster-survivors>

#### **Find an Emergency Shelter**

<https://www.floridadisaster.org/planprepare/shelters/>

#### **Find a Rental Property**

[www.FloridaHousingSearch.org](http://www.FloridaHousingSearch.org)

#### **State Housing Initiatives Partnership (SHIP)**

<https://www.floridahousing.org/programs/special-programs/ship---state-housing-initiatives-partnership-program>

### **Cleanup**

#### **Crisis Cleanup Assistance**

Volunteer organizations will remove storm debris and assist with other storm clean up at no charge

844-965-1386

### **Insurance Assistance**

#### **Disaster Assistance Insurance Helpline**

1-800-22-STORM (800-227-8676) or 1-850-413-3089

### **Legal Assistance**

#### **Disaster Legal Aid Hotline**

833-514-2940

## **Florida Disaster Legal Aid Hotline**

For hurricane survivors in Florida who cannot pay for an attorney: 1-866-550-2929

## **Reporting and Licensing**

### **Contractor License Verification**

Florida Department of Business and Professional Regulation | (850) 487-1395

### **Fraud**

Florida Department of Financial Services Fraud Hotline | 1-800-378-0445

### **Price Gouging**

Price Gouging Hotline | 1-866-966-7226

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## **Disordered Eating Therapists**

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### **Volusia County**

#### **Karen Samuels, Ph.D.**

COPE (Community Outreach for Prevention of Eating Disorders)  
115 East Grandview Avenue - #7, Ormond Beach, Florida 32176  
386-255-1646 | [www.cope-ecf.org](http://www.cope-ecf.org)

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## **Disordered Eating Outpatient/Inpatient/Residential Facilities**

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### **Fairwinds Treatment Center**

1569 S. Fort Harrison Avenue, Clearwater, FL 33756  
800-226-0301 | [www.fairwindstreatment.com](http://www.fairwindstreatment.com)

### **Recovery Village**

633 Umatilla Boulevard, Umatilla, FL 32784  
352-669-8000 | [www.therecoveryvillage.com](http://www.therecoveryvillage.com)

### **The Refuge**

14835 SE 85th St Rd, Ocklawaha, FL 32179  
Admissions: (833) 748-0561 | <https://www.therefuge-ahealingplace.com>

### **Turning Point of Tampa**

3227 Sheldon Road, Tampa, FL 33615  
800-397-3006 | [www.rehabisforquitters.com](http://www.rehabisforquitters.com)

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## **Domestic/Intimate Partner Violence**

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### **National**

#### **Domestic Violence Hotline**

1-800-799-SAFE (7233) / TTY 1-800-787-3224 | [www.thehotline.org](http://www.thehotline.org)  
Online chat also available through website

## **National Dating Abuse Hotline**

1-800-331-9474 / TTY 1-800-331-8453 | [www.loveisrespect.org](http://www.loveisrespect.org)

Online chat also available through website

Text: Text LOVEIS to 22522 (message and data rates apply)

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## **Domestic/Intimate Partner Violence Shelters**

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### **Seminole County**

**Safehouse of Seminole County** (domestic violence shelter for women and children)

407-302-5220 | [www.safehouseofseminole.org](http://www.safehouseofseminole.org)

### **Orange County**

**Harbor House of Central Florida** (domestic violence shelter for women and children)

407-886-2856 | [www.harborhousefl.com](http://www.harborhousefl.com)

### **Osceola County**

**Help Now of Osceola County** (domestic violence shelter for women and children)

407-847-8562 / TTY 407-846-2472 | <https://www.helpnowshelter.org/shelter>

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## **Equine Assisted Therapy**

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### **Seminole County**

**CHAPS – Center for Horsemanship and Personal Success**

4952 South Sanford Avenue, Sanford, FL 32773

407-304-0305 | [www.chapscenter.com](http://www.chapscenter.com)

### **Crossroads Corral**

Primary: 1999B Lake Emma Road, Longwood, FL 32750

Satellite: 955 Florida Avenue, Oviedo, Florida 32765

412-491-7438 | [www.crossroadscorral.org](http://www.crossroadscorral.org)

### **Stable Foundations**

905 S. Lake Jessup Avenue, Oviedo, FL 32765

407-493-9656 | [www.stablefoundations.net](http://www.stablefoundations.net)

### **Orange County**

### **Freedom Ride**

1905 Lee Road, Orlando, FL 32810

407-293-0411 | [www.freedomride.com](http://www.freedomride.com)

### **Volusia County**

**Healing Hearts Therapies & Equine, LLC**

112 West New York Avenue, Suite 210, Deland, FL 32720

386-748-8793 | [www.healingheartstherapies.com](http://www.healingheartstherapies.com)



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## Financial Assistance

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### **Seminole County\***

#### **The Salvation Army**

700 W 24th Street, Sanford Florida 32771  
407-839-4357 | <https://sanford.salvationarmyflorida.org/>

#### **The Sharing Center**

600 North Highway 17-92, Suite 130, Longwood, FL 32750  
407-260-9155 | <https://thesharingcenter.org/>

*\*Also call 211 for other programs which may be able to provide financial assistance.*

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## First Responders

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### **Orange County and Surrounding Areas\***

#### **Orange County Fire Rescue Firestrong Info & Resources**

<https://firestrong.org/department/?search=452>

#### **UCF RESTORES**

4111 Pictor Lane, Suite 203, Orlando, FL 32816 (UCF Psychology Building)  
407- 823-3910 | <https://ucfrestores.com/>

### **Statewide/National\***

#### **Blueline Rescue**

<https://bluelinerescue.org/>

#### **Firefighter Behavioral Health Alliance**

<https://www.ffbha.org/>

#### **Goldline Rescue**

<https://goldlinerescue.org/>

#### **Heroes Health (free mobile app)**

<https://heroeshealth.unc.edu/>

#### **IAFF Center of Excellence**

13400 Edgemoade Rd, Upper Marlboro, MD 20772  
877-880-0255 | <https://www.iaffrecoverycenter.com/center/>

#### **Redline Rescue**

<https://redlinerescue.org/>

#### **Share the Load Program – National Volunteer Firefighter Council**

<https://www.nvfc.org/programs/share-the-load-program/>

## **SHATTERPROOF First Responders' Treatment Program**

505 Federal Hwy #2, Deerfield Beach, Florida 33441

833-556-0866 | <https://fherehab.com/services/first-responders/>

\*See Emergency Support section for 24/7 crisis support.

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## **Food Assistance**

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### **Florida**

#### **Florida Supplemental Nutrition Assistance Program (SNAP)**

<https://www.fns.usda.gov/snap-directory-entry/florida>

### **Seminole County\***

#### **Harvest Time International**

225 Harvest Time Drive Sanford, FL 32771

407-878-5531 | <https://www.harvesttime.org/assistance.html>

#### **Nativity Catholic Church**

3255 N. Ronald Reagan Blvd, Longwood, FL 32750

407-322-3961 | <https://nativity.org/>

#### **The Salvation Army**

700 W 24th Street, Sanford Florida 32771

407-839-4357 | <http://www.salvationarmysanford.org/>

#### **The Sharing Center**

600 North Highway 17-92, Suite 130, Longwood, FL 32750

407-260-9155 | <http://thesharingcenter.org/>

### **Orange County\***

#### **Catholic Charities of Central Florida**

1771 N. Semoran Blvd., Orlando, FL 32807

407-658-1818 | <https://cflcc.org/mission-markets/>

#### **Second Harvest Food Bank**

Various pickup locations

407-295-1066 | [https://www.feedhopenow.org/site/SPageServer/?pagename=need\\_food](https://www.feedhopenow.org/site/SPageServer/?pagename=need_food)

#### **United Against Poverty Orlando**

150 W. Michigan St., Orlando, FL 32806

407-650-0774 | <https://uporlando.org/member-grocery-center/>

*\*Also call 211 for other programs which may be able to provide food assistance.*

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## Healthcare Services

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### **Seminole County**

#### **Florida Department of Health**

400 W. Airport Blvd., Sanford, FL 32773

407-665-3000 | <http://seminole.floridahealth.gov/locations/sanford.html>

#### **Harvest Time International**

225 Harvest Time Drive Sanford, FL 32771

407-878-5531 | <https://www.harvesttime.org/assistance.html>

### **Orange County**

#### **Florida Department of Health**

Various locations

407-858-1400 | <http://orange.floridahealth.gov/locations/index.html>

#### **United Against Poverty Orlando**

150 W. Michigan St., Orlando, FL 32806

407-650-0774 | <https://uporlando.org/services/>

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## Human Trafficking

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#### **Florida Abuse Hotline**

1-800-96-ABUSE (1-800-962-2873): Report known or suspected child abuse, neglect, or abandonment; and known or suspected abuse, neglect, or exploitation of a vulnerable adult.

#### **Human Trafficking Report to Law Enforcement**

Make a report in Florida: Call 1-855-FLA-SAFE

#### **National Human Trafficking Hotline**

1-888-373-7888 | Text "BEFREE" or "HELP" to 233733

<https://humantraffickinghotline.org/en> | Online [chat](#)

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## Hypnotherapy

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### **Volusia County**

#### **Marie A Davis, LMHC**

Davis Mental Health Counseling Services

75 Fox Ridge Court, Suite C, DeBary, Florida 32713

407-440-1633 | [www.davismhcounseling.com](http://www.davismhcounseling.com)

#### **Graciela Pulliam, LMHC**

425 S. Volusia Ave. #B4, Orange City, FL 32763

321-578-7488 | [www.casafelizcounseling.com](http://www.casafelizcounseling.com)

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## LGBTQ+

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### **National**

#### **Trevor Lifeline**

1-800-4-U-Trevor (488-7386) | [www.thetrevorproject.org](http://www.thetrevorproject.org)

Online chat also available 7 days per week between 3 p.m. and 9 p.m. EST

Text available Wednesdays-Fridays between 3 p.m. and 9 p.m. EST. : Text TREVOR to 1-202-304-1200 (message and data rates apply)

### **Orange County and Surrounding Areas**

#### **26 Health**

801 N. Magnolia Avenue, Suite 402, Orlando, FL 32803

321-800-2922 | <https://26health.org/>

#### **SPEKTRUM Health**

5205 South Orange Avenue Suite #110, Orlando, FL 32809

407-454-1363 | <https://spektrum.health/>

#### **The Center**

946 N, Mills Avenue, Orlando, FL 32803

407-228-8272 | [www.thecenterorlando.org](http://www.thecenterorlando.org)

#### **The Zebra Coalition**

911 N. Mills Avenue, Orlando, FL 32803

407-228-1446, option 2 | [www.zebra-youth.org](http://www.zebra-youth.org)

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## Maternal Mental Health

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### **National Maternal Mental Health Hotline**

24/7, free, confidential support, resources, and referrals to any pregnant and postpartum families facing mental health challenges

Call or Text 1-833-9-HELP4MOMS (1-833-943-5746) | [HRSA Maternal & Child Mental Health](https://www.hrsa.gov/maternal-child-mental-health)

### **Florida's Maternal Behavioral Health and Social Services Resource Directory**

<https://flmomshealth.org/>

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## Mental Health Inpatient Facilities

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### **Seminole County**

#### **Crisis Stabilization Unit**

919 E. Second Street, Sanford, FL 32771

407-323-2036 | [www.aspirehealthpartners.com/programs-and-services](http://www.aspirehealthpartners.com/programs-and-services)

#### **Seminole Community Mental Health Center**

237 Fernwood Boulevard, Fern Park, FL 32708

407-831-2411 | [https://aspirehealthpartners.com/programs-and-services/](http://www.aspirehealthpartners.com/programs-and-services/)

### **South Seminole Hospital – Behavioral Health Unit**

455 W. Warren Avenue, Longwood, FL 32750

407-262-2220 | [www.orlandohealth.com/services-and-specialties/behavioral-health](http://www.orlandohealth.com/services-and-specialties/behavioral-health)

### **Orange County**

#### **Central Florida Behavioral Hospital**

6601 Central Florida Parkway, Orlando, FL 32821

407-370-0111 | [www.centralfloridabehavioral.com](http://www.centralfloridabehavioral.com)

#### **La Amistad Behavioral Health Services**

1650 Park Avenue North, Maitland, FL 32751

407-647-0660 | [www.lamistad.com](http://www.lamistad.com)

#### **University Behavioral Center**

2500 Discovery Drive, Orlando, FL 32826

407-281-7000 | [www.universitybehavioral.com](http://www.universitybehavioral.com)

#### **Aspire Health Partners Inpatient Services**

1800 Mercy Drive, Orlando, FL 32808

Or

434 W. Kennedy Boulevard, Orlando, FL 32810

407-875-3700 | [www.aspirehealthpartners.com/programs-and-services](http://www.aspirehealthpartners.com/programs-and-services)

### **Volusia County**

#### **Florida Hospital DeLand – Behavioral Health**

701 W. Plymouth Avenue, DeLand, FL 32720

1-800-539-4228 (help line) 386-943-4670 (unit) | [www.floridahospital.com/deland/behavioral-health](http://www.floridahospital.com/deland/behavioral-health)

#### **Stewart-Marchman-Act Behavioral Healthcare**

(Multiple programs and locations)

1-200-539-4228 | [www.smabehavioral.org](http://www.smabehavioral.org)

### **Florida**

#### **The Refuge**

14835 SE 85th St Rd, Ocklawaha, FL 32179

Admissions: (833) 748-0561 | <https://www.therefuge-ahealingplace.com>

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## **Nutritionists/Dietitians**

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### **Seminole County**

#### **Central Florida Preventative Medicine**

Kathy Veon, DOM, AP

1540 International Parkway #2000, Lake Mary, FL 32746

407-328-6711 | [www.cfpreventivemedicine.com](http://www.cfpreventivemedicine.com)

### **Orange County**

**Meghan Moran Nutrition, LLC**  
Meghan Moran  
1411 Edgewater Drive, Suite 203, Orlando, FL 32804  
407-629-5504/ 561-504-8573

**Stefanie Cuba, RD**  
1155 Louisiana Avenue, Suite 210, Winter Park, FL 32789  
407-960-2651

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## Psychiatrists

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### **Seminole County**

**Family Psychiatry Services**  
1403 Medical Plaza Drive, Suite 202, Sanford, FL 32771  
407-322-3096 | [www.mentalhealthcfl.com](http://www.mentalhealthcfl.com)

**Lifescence Health**  
722 Trade Way, Sanford, FL 32771  
877-926-1637 | <https://lifescence.com/location/sanford-fl-722-trade-way/>

**OPA Behavioral Health**  
385 Waymont Court, Lake Mary, FL 32746  
407-851-5121 | <https://opabh.com/>

**Orlando Health Medical Group Behavioral Health**  
455 W Warren Ave, Suite 100, Longwood, FL 32750  
(407) 262-2220 | <https://www.orlandohealth.com/physician-practices/orlando-health-behavioral-group/locations>

### **Orange County**

**OPA Behavioral Health**  
2345 Sand Lake Road, Suite 200, Orlando, FL 32809  
407-851-5121 | <https://opabh.com/>

**Orlando Health Medical Group Behavioral Health**  
21 W. Columbia Street, Ste. 201, Orlando, FL 32806  
(407) 262-2220 | <https://www.orlandohealth.com/physician-practices/orlando-health-behavioral-group/locations>

**True Health**  
4930 East Lake Mary Blvd., Sanford, FL 32771  
407-322-8645 | <https://www.mytruehealth.org/services-sanford/#>

### **Volusia County**

**Family Psychiatry Services**  
2725 Rebecca Lane, Suite 107, Orange City, FL 32763  
386-775-0736 | [www.mentalhealthcfl.com](http://www.mentalhealthcfl.com)

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## Psychologists (Forensic or Testing)

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### **Seminole County**

Villar Neuropsychology  
1355 S. International Parkway, Suite 2471, Lake Mary, FL 32746  
407-906-8843 | [www.villarneuropsychology.com](http://www.villarneuropsychology.com)

### **Orange County**

Dr. Darlene Antonio  
2700 Westhall Lane, Suite 110, Maitland, FL 32751  
407- 475-1025 | [www.drantonio-phd.com](http://www.drantonio-phd.com)

Dr. Kathleen McHugh  
1215 Louisiana Avenue, Suite 100, Winter Park, FL 32789  
407- 622-0825 | [www.drkathleenmchugh.com](http://www.drkathleenmchugh.com)

Psychological Affiliates  
2737 West Fairbanks Avenue, Winter Park, FL 32789  
407-674-5663 | [www.psychologicalaffiliates.com](http://www.psychologicalaffiliates.com)

### **Volusia County**

Ivan Fleishman, Ph.D.  
901 N. Stone Street, Deland, FL 32720  
386-736-8337 | [www.ivanfleishman.com](http://www.ivanfleishman.com)

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## School Supply Assistance

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### **Seminole County\***

Contact your child's school or Parent Teacher Association for details regarding where school supply donations can be obtained.

**The Salvation Army**  
700 W 24th Street, Sanford Florida 32771  
407-839-4357 | <http://www.salvationarmysanford.org/>

**The Sharing Center**  
600 North Highway 17-92, Suite 130, Longwood, FL 32750  
407-260-9155 | <http://thesharingcenter.org/>

*\*Also call 211 for other programs which may be able to provide school supply assistance.*

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## Self-Injury

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### National

#### **S.A.F.E. Alternatives Self-Injury Crisis Line**

1-800-DONT-CUT (366-8288) | [www.selfinjury.com](http://www.selfinjury.com)

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## Sexual Assault Support & Victim Advocacy

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### National

#### **Florida Council Against Sexual Violence Rape Crisis Hotline**

1-888-956-RAPE (7273) | [www.fcasv.org](http://www.fcasv.org)

Find your local rape crisis center: [www.fcasv.org/find-your-local-center](http://www.fcasv.org/find-your-local-center)

#### **Safe Helpline** (sexual assault helpline for the military community)

1-877-995-5247 | [www.safehelpline.org](http://www.safehelpline.org)

### Seminole, Orange, and Osceola Counties

#### **Victim Service Center of Central Florida** (Seminole, Orange, and Osceola Counties)

**Seminole:** 255 Primera Boulevard, Lake Mary, FL 32746

**Orange:** 2111 E. Michigan Street, Suite 210, Orlando, FL 32806

**Osceola:** 10 W. Neptune Road, Kissimmee, FL 34741

407-497-6701 (24-hour hotline) / 407-254-9415 (office) | [www.victimservicecenter.com](http://www.victimservicecenter.com)

#### **The Howard Phillips Center for Children and Families: The Healing Tree**

601 W. Michigan Street, Orlando, FL 32805

Or

110 W. Neptune Road, Kissimmee, FL 34741

407-317-7430 Ext. 2160 | <https://www.arnoldpalmerhospital.com/facilities/the-howard-phillips-center-for-children-and-families/the-healing-tree>

### Volusia County

#### **Volusia Rape Crisis Center**

311 N. Orange Street, New Smyrna Beach, FL 32168

1-800-503-7621 (hotline) / 386-236-3123 (office) | [www.volusiarapecrisiscenter.org](http://www.volusiarapecrisiscenter.org)

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## Substance Abuse Support/Outpatient/Inpatient/Residential Facilities

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### Seminole, Orange, and Osceola Counties

#### **Aspire Health Partners** (multiple programs and locations)

See website for phone numbers | [www.aspirehealthpartners.com/programs-and-services](http://www.aspirehealthpartners.com/programs-and-services)



**The Grove Counseling Center** (multiple programs and locations)  
111 W. Magnolia Avenue, Longwood, FL 32750  
1-800-919-1765 / 407-327-1765 Ext. 1900 | [www.thegrove.org](http://www.thegrove.org)

### **Volusia County**

**Community Outreach Services (CORS)**  
245 S. Amelia Avenue, Deland, FL 32724  
(386) 736-0420

**Stewart-Marchman-Act Behavioral Healthcare**  
800-539-4228 | [www.smabehavioral.org/services/residential-services](http://www.smabehavioral.org/services/residential-services)

### **Florida**

**Hazelden Betty Ford Foundation**  
950 6<sup>th</sup> Avenue North, Naples, FL 34102  
866-261-3734 <http://www.hazeldenbettyford.org/locations/naples>

**The Refuge**  
14835 SE 85th St Rd, Ocklawaha, FL 32179  
Admissions: (833) 748-0561 | <https://www.therefuge-ahealingplace.com>

### **National**

Nat'l. Council on Alcohol & Drug Dependence	(800) NCA-CALL
Nat'l. Drug Info. Treatment & Referral hotline	(800) 662-4357
Alcoholics Anonymous	(212) 870-3400   <a href="http://www.aa.org">www.aa.org</a>
Al-Anon/Alateen Family Group Headquarters	(804) 563-1600   <a href="https://al-anon.org/">https://al-anon.org/</a>
Nat'l. Association for Children of Alcoholics	(301) 468-0985   <a href="https://nacoa.org/">https://nacoa.org/</a>
American Council for Drug Education	(800) 488-DRUG   <a href="http://www.acde.org">www.acde.org</a>
Cocaine Anonymous	(310) 559-5833   <a href="http://www.ca.org">www.ca.org</a>
Marijuana Anonymous	(800) 766-6779   <a href="http://www.marijuana-anonymous.org">www.marijuana-anonymous.org</a>
Narcotics Anonymous	(818) 773-9999   <a href="http://www.narcotics.com/na-meetings/">www.narcotics.com/na-meetings/</a>

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## **Veterans' Services**

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### **National**

**Veterans' Crisis Line**  
1-800-273-8255 (press 1) / TTY 1-800-799-4899 | [www.veteranscrisisline.net](http://www.veteranscrisisline.net)  
Online chat also available via website  
Text: Text a message to 838255 (message and data rates may apply)

**Safe Helpline** (sexual assault helpline for the military community)  
1-877-995-5247 | [www.safehelpline.org](http://www.safehelpline.org)

**Clinic Locator**  
<https://www.va.gov/find-locations/?facilityType=health>

## **Seminole County**

### **Sanford Office**

534 West Lake Mary Boulevard, Sanford, FL

407-665-2300 | <https://www.seminolecountyfl.gov/departments-services/community-services/veterans-services/index.stml>

## **Orange County**

### **Orlando VA Medical Center (Lake Baldwin)**

5201 Raymond Street, Orlando, Florida 32803

407-629-1599 or 1-800-922-7521

### **Orlando VA Medical Center (Lake Nona)**

13800 Veterans Way, Orlando, FL 32827

## **Volusia County**

### **VA Community Based Outpatient Clinic**

2583 South Volusia Avenue, Suite 300, Orange City, Florida 32763

386-456-2080